## Specialists In Reproductive Medicine & Surgery, P.A.

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Excellence, Experience & Ethics



## Sharps Collection Patient Information

#### **Introduction:**

Many of our patients here at Specialists In Reproductive Medicine & Surgery, P.A., (SRMS) are given shots at home. The needles and syringes need to be disposed of properly to protect other family members as well as waste & recycling workers. In the discussion below, the term "sharps" includes all needles and syringes.

#### The Following Is Recommended For Our Florida Residents:

- 1. You or your intimate partner should dispose of the syringes and needles.
- 2. Dispose of all sharps in an opaque plastic puncture-resistant container with a lid.
- 3. Do not fill the containers beyond three-quarters full.
- 4. Tightly seal the lid before disposal.

#### **Actual Disposal:**

- You may bring the sealed container to SRMS office for disposal (best option).
- You may check with your local fire station to see if they will dispose of the sealed sharps container (good option).
- > You may dispose of the sealed container in your normal garbage (least desirable option).
- ➤ If you live outside the state of Florida, please contact your local Department of Health to learn the requirements of your locale.

#### **Questions:**

#### **General Information:**

http://www.cdc.gov/needledisposal/fl/index.htm

#### To find a Local Florida County Sharps Collection Program:

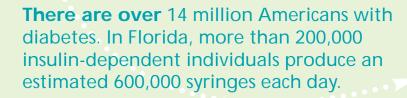
http://www.doh.state.fl.us/environment/community/biomedical/sharps.htm

#### Other:

The Florida Department of Health Division of Environmental Health Bureau of Facility Programs/HSEF 4052 Bald Cypress Way, BIN A08 Tallahassee, FL 32399-1710 Ph: 850-245-4277

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# A Safe Way to Dispose of Sharps



Infectious diseases such as HIV, AIDS, and Hepatitis B and C can be transmitted by improperly discarding sharps (needles, syringes, and lancets). To keep our communities safe, it is important to properly dispose of your used sharps.

In order to reduce accidental needle sticks, the Florida Department of Health encourages individuals to find out how their county health department recommends disposing of used sharps. If you reside in the State of Florida and there is no sharps disposal program in your county, the Florida Department of Health recommends that you safely dispose of your own sharps by following the steps listed below.

### To Prevent Accidental Needle Sticks

- $\bullet\,$  Never throw sharps directly into the garbage
- Never flush, bury, or burn sharps
- Never use a container that is not rigid and puncture-resistant
- Never use clear plastic or glass containers
- · Never mix sharps with recyclable items
- Never leave sharps accessible to others

If someone in your home has an accidental needle stick, CONTACT YOUR HEALTHCARE PROFESSIONAL IMMEDIATELY.

#### **Steps for Safe Sharps Removal**

- **Step 1** All sharps should be disposed of in rigid puncture-resistant containers such as liquid detergent bottles, bleach bottles or metal containers.
- **Step 2** Perform your routine blood tests and injections and place the used sharps into the containers.
- **Step 3** Containers should be three-quarters full.
- **Step 4** All containers should have a lid which must be tightly sealed before it goes into residential garbage. Masking tape can be used to help secure the lid.
- **Step 5** Place container in residential garbage or dispose of it at the county's landfill.
- **Step 6** Check with your local waste collection service to make sure these disposal procedures are accepted in your county.



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